

## GOOD EATS

# University Dining Services

Residents of the eight traditional residence halls on campus, **Bailey, Centennial, Comstock, Frontier, Middlebrook, Pioneer, Sanford and Territorial** can choose between the residence hall meal plan options. The residential dining experience is an integral part of residential life. The on campus residential restaurants help establish a sense of community in the residence halls. Residential students are assured of the availability of nutritious meals in support of a healthy lifestyle. There is no need to budget additional meals or money to insure academic pursuits are supported by good nutrition. Adequate cooking facilities for individual meal preparation in the eight traditional residence halls are not provided. Cooking is permitted only in University apartment kitchens and in residence hall kitchenette areas. For fire safety, no cooking is permitted in residence hall rooms.

Residents may choose from **The Unlimited, Any 19 meals/week, Any 14 meals/week, 115 meals/semester or 150 meals/semester as well as two different FlexDine amounts per meal plan.** Be sure to indicate your selection on the application-contract form or on the Meal Plan screen of the online application. If it is left blank, the Any 14 meals/week plan will be assumed.



## Important Meal Plan Dates

**First Meal - Fall Semester** - Aug. 30 *Brunch*  
**Last Meal - Fall Semester** - Dec. 18 *Dinner Grab and Go service*

**Thanksgiving Break**  
**Last Meal Before** - Nov. 26 *Dinner Grab and Go service*  
**First Meal After** - Nov. 30 *Brunch*

**First Meal - Spring Semester** - Jan. 17 *Brunch*  
**Last Meal - Spring Semester** - May 16 *Dinner Grab and Go service*

**Spring Break**  
**Last Meal Before** - Mar 13 *Dinner Grab and Go service*  
**First Meal After** - Mar 22 *Brunch*



let's get **lunch**

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## \*Important

**Meal Plan Dates schedule is subject to change.** All facilities may not be open on all scheduled dates, and some meals may be served on a preordered basis. To find out more about residential dining at the University, visit our Web page at [www.umn.edu/dining](http://www.umn.edu/dining).

All students living in the eight traditional residence halls (Bailey, Centennial, Comstock, Frontier, Middlebrook, Pioneer, Sanford, Territorial) must purchase one of the following meal plans: The Unlimited, 19 meals/week, 19 meals/week Enhanced 150 meals/semester, 150 meals/semester Enhanced, 14 meals/week, 14 meals/week Enhanced, and 115 meals/semester. There are no exceptions. Default plan is 14 meals/week. Please consider this before signing your contract.

All students assigned to an on campus University Apartment (Mark G. Yudof Hall, Roy Wilkins, University Village) will automatically have their meal plan preference removed when they are assigned. If you still wish to purchase a plan please contact the UDS Meal Plan office, or purchase via the web address given above.

## 2007-2008 (current) Residence Hall Meal Plans and Rates for Students in the Eight Traditional Residence Halls

**The Unlimited:** Unlimited meals in any residential dining location, 10 guest passes, and \$50 FlexDine per semester. \$1636 per semester

**19 meals/week:** Any 19 meals per week, 10 guest passes, and \$100 FlexDine per semester. \$1528 per semester

**19 meals/week Enhanced:** Any 19 meals per week, 10 guest passes, and \$150 FlexDine per semester. \$1578 per semester

**14 meals/week:** Any 14 meals per week, 10 guest passes, and \$100 FlexDine per semester. \$1439 per semester

**14 meals/week Enhanced:** Any 14 meals per week, 10 guest passes, and \$200 FlexDine per semester. \$1539 per semester

**150 meals/semester:** 150 meals per semester, 10 guest passes, and \$100 FlexDine per semester. \$1393 per semester

**150 meals/semester Enhanced:** 150 meals per semester, 10 guest passes, and \$250 FlexDine per semester. \$1543 per semester

**115 meals/semester:** Any 115 meals per semester, 15 guest passes, and \$400 FlexDine per semester. \$1528 per semester

*All of the above meal plans and rates are for the 2007-2008 academic year and may change prior to fall 2008.*

## 2007-2008 (current) Meal Plans for Students in on Campus Apartments and Living off Campus

Off campus students and students living in on campus apartments, Mark G. Yudof Hall, Roy Wilkins Hall and University Village, may choose from the above plans and in addition, the 25 meals/semester, 5 meals/week and FlexDine only plans.

**25 meals/semester:** 25 meals per semester and \$50 FlexDine per semester. This option is not available to residents of the eight traditional residence halls. \$264 per semester

**5 meals/week:** Any 5 meals per week and \$50 FlexDine. This option is not available to residents of the eight traditional residence halls. \$592 per semester.

*All of the above meal plans and rates are for the 2007-2008 academic year and may change prior to fall 2008.*

## Meal Plan Rates for 2008-2009

Meal plan rates for 2008-2009 had not been finalized at the time this booklet went to press. Residents will be notified of actual rates once they have been approved by the Board of Regents. The tentative meal plan rates will be included with the room rate schedule during spring semester. Should prices change, and/or the meal plan options change prior to fall 2008, anyone who has applied for a University Housing space without knowing the rate structure will be allowed to cancel an application-contract with a full refund of the advance payment up to and including May 1, 2008.

Meal plan rates are based on the overall costs of operating the residential dining facilities. These costs include food and labor costs and expenses for facility and equipment maintenance, commissions, utilities, debt services and other direct and indirect costs. All residents help support the dining operations through the meal plan. Meal plans purchased by on campus apartment residents or off campus students help offset expenses but do not support the overall costs of operating the residential dining facilities.

Meal plan rates may be adjusted annually to reflect inflationary costs and enhancements to services. Rates are also based on historical data on how many meals the average meal plan holder eats. A participation rate or "missed meal" factor is included in the rate calculation. Therefore, unused meals are not available for refund, nor are they available to be used by other people than the meal plan holder. The most economical choice for you will be the plan that you use to near its maximum, not a plan that seems to have a less expensive per meal cost.

## Menus and Services

University Dining Services has six residential restaurants and offers convenient, flexible meal plans perfect for students. Meals in the residence hall restaurants are served on an all-you-care-to-eat basis. Meals are planned, prepared and served under the direction of experienced food managers, with student input.

Meals are freshly prepared on site and an abundant variety of fresh foods are offered throughout the day and evening. University Dining Services serves a changing menu of specialties including comfort foods, grilled sandwiches, vegetarian and vegan selections and pizza. Exhibition style service, hand carved meats, full and self service deli bars and expansive salad bars round out dining options in residential facilities.

Nutritional information is available via [www.umn.edu/dining](http://www.umn.edu/dining) and in residential locations via convenient nutrition kiosks located near the service area.

University Dining Services also operates retail facilities on campus with a wide variety of options available. Examples include convenience stores in selected residence halls, specialty coffee sites such as Starbucks, Dunn Bros and the Minnesota Marketplace at Coffman Memorial Union offering Panda Express, Einstein Bros Bagels, Chick-fil-A

and Baja Sol Tortilla Grill. Residents on meal plans can use their FlexDine to access food at the twenty various sites across campus.

Each residential restaurant has operating hours based on the needs of their particular community and is generally open from 7:00 a.m. - 7:00 p.m. weekdays. Extended dinner service is also available on campus for residential students. Centennial Restaurant is open until 12:00 a.m. Sunday through Thursday. Detailed information on operating hours can be obtained from the UDS web site at [www.umn.edu/dining](http://www.umn.edu/dining). A full menu is offered during the breakfast, lunch/brunch and dinner meal periods. During non peak meal service times snacks, deli bars, salad bars, desserts and soups are available.

Sustainability University Dining Services actively supports environmental, economic and community programs through purchasing practices, recycling and organic composting. Locally grown locally produced and

### FlexDine

FlexDine offers cashless dining in University Dining retail operations and at Campus Markets and can also be used to purchase guest meals in the residential restaurants. FlexDine is available as part of all meal plans to offer residential students more flexibility in using their meal plan dollars. Check available FlexDine balances at: [www.umn.edu/dining](http://www.umn.edu/dining)

organic food products are featured throughout campus locations and fair trade coffees are offered in all residential and specialty coffee sites.

The Unlimited Meal Plan allows you an unlimited number of meals throughout the entire semester. This is an excellent option if you are interested in utilizing the dining halls

Nutritional information is available via [www.umn.edu/dining](http://www.umn.edu/dining)

# community



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not only for your daily “three square” but for unlimited access. Students on this plan may enter any residence dining facility as often as they want during regular operating hours. This plan includes \$50 FlexDine that can be used in any on-campus UDS restaurant. Students on this plan may not use their “Unlimited” meals for guests.

115 & 150 meals/semester meal plans may be consumed at your discretion throughout the semester. You can use as many meals as you want in a day. Leftover meals do not transfer from semester to semester. In the event your allotment of meals is depleted prior to the end of the semester, the 19 meals/week plan can be prorated and is available for purchase.

19 meals/week and 14 meals/week are the number of allowable meals per service week. A service week is defined as Monday through Sunday. A new week starts each Monday. You may eat any combination of breakfast, brunch or lunch, dinner, and late night (7 p.m. - midnight in Centennial, Sunday

through Thursday) meals until you reach your plan allotment. Meals on any plan are for the use of the meal plan holder only and are not transferable.

### Guest Meals

Each residence hall meal plan includes guest passes. Most plans have 10 guest meal passes per semester; the 115 plan has 15 guest meal passes. FlexDine can also be used to purchase individual meals at a la carte rates.

### Eating on the Run

Residential restaurants offer expansive service hours. Students can access an open restaurant for meals and are not required to eat in their own residence hall. All meal plans offer FlexDine, a cashless option for eating in one of the many retail facilities located on the East Bank, West Bank and St. Paul campuses of the Twin Cities campus. If a class conflict or work schedule prevents you from getting to a residential restaurant during normal service hours, UDS offers Grab and Go that is available for pickup at residential locations. For more information, please visit [www.umn.edu/dining/grabngo.html](http://www.umn.edu/dining/grabngo.html). Since meals in the residential facilities are prepared on an all you care to eat basis, carryout service from these sites is not available.

### Campus C3 Markets

There are C3 Markets in three residence halls: Centennial, Middlebrook and Sanford. These convenience stores offer a selection of grocery items such as frozen entrees, bread, milk and dairy products as well as snack items, beverages and personal care products. They are a great way to round out dining options on campus. They accept cash, credit cards and FlexDine.

### FlexDine

FlexDine offers cashless dining in UDS retail operations and at C3 Markets and can also be used to purchase guest meals in the residential restaurants. FlexDine is available as part of all meal plans and offers residential students more flexibility in using their meal plan dollars. FlexDine can also be purchased

separately and added to any other meal plan offered. FlexDine balances remaining at the end of fall semester will carry over to the beginning of spring semester. Balances remaining at the end of spring semester are not refunded and do not carry forward after the end of the academic year. Additional FlexDine can be purchased at [www.univofminnesota.campusdish.com](http://www.univofminnesota.campusdish.com) or by calling 612-624-0558.

### Changing Your Meal Plan

Your meal plan choice may be changed in the fall semester during the first two weeks of classes via the web: [www.housing.umn.edu/](http://www.housing.umn.edu/). Changes go into effect within three business days. Beginning the third week of fall semester classes, no changes can occur until December, when Housing offers meal plan re-selection for spring semester.

### Meal Plan Options for Residents Living in Apartment-Style Housing

For those students living in Mark G. Yudof Hall, Roy Wilkins Hall and University Village (apartment style living w/kitchens in each unit), participation in a meal plan is optional. You may choose any of the meal plans. Choosing one of the meal plans will allow you to eat in any of the six residence dining restaurants. Meal plans can be purchased from a hall Food Service manager or via the web at [www.univofminnesota.campusdish.com](http://www.univofminnesota.campusdish.com). Please note that students living in residence halls are not eligible for the All FlexDine, 25 meals/semester and 5 meals/week plans.

### Special Dietary Needs

If you follow a special diet, whether by choice or medical necessity, be sure to discuss this matter with your residential restaurant manager to explore the food selection options available to you and assist you in getting the nutritional support you need. We can refer you to Boynton Health Service, where a dietician can assist you with your dietary concerns. You will not be granted a release from your contract nor will you be released from the meal plan requirement for dietary reasons.



### Can I invite my mom and dad to eat with me when they visit?

Each residence hall meal plan includes guest passes. Most plans have 10 guest meal passes per semester.